

Counsellor/ Psychotherapist

Family Carers Ireland (FCI) is the national charity supporting family carers across the country who dedicate their lives to caring for loved ones such as children or adults with physical or intellectual disabilities, frail older people, those with palliative care needs or those living with chronic illnesses or addiction. We provide a range of supports and services for family carers nationally from our local support centres.



Hybrid/Remote | 21 hours per week | Part-time

JOB SUMMARY

Family Carers Ireland's National Counselling Service aims to support and enhance family carers' mental health and emotional wellbeing by providing a safe, non-judgemental therapeutic space for them to discuss and work through any problems or difficult feelings they are experiencing. The service also aims to empower family carers to develop strategies and acquire tools to stay well within their caring role. The service adopts an integrative approach to counselling and is underpinned by the core conditions. This service is led by the Senior Manager: Specialist Supports, managed by a dedicated Clinic Manager and delivered by a team of three part-time staff counsellors, a dedicated Information Officer, nine volunteer counsellors and a panel of thirty four external counsellors.

The purpose of Counsellor/Psychotherapist role is to provide one-to-one counselling in a virtual setting (online and by phone) to family carers referred to Family Carers Ireland Counselling Service. This will involve delivering the service to each client in line with best practice and organisational policy, supporting the overall evaluation and administration of FCI Counselling Service, and supporting the Clinic Manager in the overall delivery of the service.

ROLE CRITERIA

The ideal candidate will have the following qualifications, skills and experience:

- Honours Degree in Psychotherapy or Counselling.
- Accredited with IACP, IAHIP, PSI or a comparable accrediting body.
- Excellent IT skills.
- Fluency in English (written and verbal).
- Full drivers' licence, with access to car.
- Experience delivering counselling virtually.
- Experience of supporting the mental health of family carers.
- Experience delivering counselling within a time-bound framework.
- The ability to prioritise tasks and work within a dynamic environment.
- Experience working in a highly confidential environment.
- Flexibility in attitude and approach to the job and a willingness to help others.
- A reflective approach to their work and a willingness to learn and desire to implement a culture of continuous improvement.
- A strong work ethic with excellent attention to detail.
- Effective time management and organisation skills with the ability to manage multiple activities and keep stakeholders informed.
- Excellent communication skills and the ability to establish rapport with a diverse range of people.
- The ability to work autonomously and collaboratively within a team.
- Fluency in English (written and verbal)

Terms & Conditions: Permanent, part-time role (21 hours per week) The successful candidates contracted work location will either be centre based or remote (working from home) depending on the geographical area. We recommend prospective candidates to contact us on the email address below for a copy of the full job description or details regarding the terms and conditions of the role.

Application Process: Applicants are invited to submit their up-to date CV and cover letter demonstrating how they meet the above criteria to recruitment@familycarers.ie no later than **11th June 2025**.